

July 5, 2020

## **The Secret to Contentment**

Philippians 4:10-13

### **The Secret to Contentment:**

- **ATTITUDE** affects everything.
- Holy contentment is **DIVINELY** bestowed sufficiency.
- **ACKNOWLEDGE** Christ.
- **ENJOY** the simple things.
- Become **GRATEFUL**.

### **Action Steps Toward Contentment:**

1. Create your perfect day with what you have now, and live it!
2. Visit - write a letter to someone you are grateful for and tell them why. Then go visit them and read it to them.
3. Reflect - At home reflect on how you, your family, your kids, this world is able to be content in Christ.
4. Worship - Spend time alone and in community to worship Jesus for who He is!